

Application of the Mathematical Theory of Sequential Sampling to Gamma Scanning in Nuclear Medicine

HENRY S. KATZENSTEIN

Solid State Radiations, Inc., Los Angeles, California*

LEONARD KLEINROCK

Solid State Radiations, Inc., Los Angeles, and Department of Engineering, University of California, Los Angeles, California

ALLEN STUBBERUD

Solid State Radiations, Inc., Los Angeles, and Department of Engineering, University of California, Los Angeles, California

AND

STEPHEN S. FRIEDLAND

*Department of Medicine,** University of Southern California, Los Angeles, and Department of Physics, San Fernando Valley State College, Northridge, California*

Communicated by Richard Bellman

ABSTRACT

To minimize the time for performing a gamma scan in nuclear medicine, optimum use must be made of the statistical data from the scan to control the time of observation at any given point. In the work described, the sequential sampling technique has been applied to the problem of proportioning observation time on the basis of observed counts. In the limit of both very high and very low count rates, advantage is taken of the rapid decision time afforded by the good statistics of high rates and the a priori rejection of areas exhibiting low rates. Areas of intermediate activity require longer times to obtain a statistically significant estimate of activity. In this scanning method, accumulated counts from a stationary sensor are compared with two (linearly) time-varying thresholds: upon crossing either threshold an intensity estimate is made (which may be binary) and the scan continued to the next point. This procedure is well known in sequential hypothesis testing and the theory developed is pertinent to the gamma scanning application. An analysis of the system as compared to a fixed observation-time-in-scanning has been made. For a two-level detection system, with a given error probability and a given ratio of decay rate for a high-activity region to that for a low-activity region, it has been found that the average observation time for a variable threshold scanning is approximately half that for fixed-time scanning.

* Supported by the Division of Biology and Medicine, U.S. Atomic Energy Commission under contract AT(04-3)-627.

** Supported by the National Institutes of Health under grant no. GM-14633-02.

1. INTRODUCTION

Many types of tumors can be detected by a measurement of the rate of radioisotope uptake (after an injection of a radioisotope tracer into the bloodstream), the rate being greater in the tumorous growth as compared to the surrounding normal tissue. A complete understanding of the mechanism of the selective pickup of a particular labeled molecule in any given tumor is not understood. Suffice to say for this writing that selective pickups in many types of brain tumors, eye lesions, and so on do occur, and that their presence in the tumor, after a predetermined time interval following the injection of the radioisotope, is positive indication of a malignancy. The location and geometrical distribution of the radioisotope pickup furnish definitive information concerning the nature, extent, and condition of any abnormality.

If a beta-emitting isotope is employed, such as P^{32} , it is necessary to insert a nuclear radiation detector in or near the tumor to determine the relative concentration of the isotope. This is because beta particles have a short range, several millimeters, in tissue. If information on the spatial distribution of the beta-emitting isotope is to be obtained, then the probe position must be inserted into the patient and transported throughout the volume of interest while plotting the relative concentration. Such a surgical procedure is only possible in a limited number of cases and is rarely desirable.

If a gamma-emitting isotope is used, the detector may be placed outside the body, thus removing the need for surgical implementation. However, the use of collimators and other data-handling devices are required to determine the nature and the source of the radiation.

These methods of tumor localization have been under investigation and development for the past two decades. For brain tumor detection, the methods may utilize P^{32} , I^{131} , Hg^{203} , and other isotopes, which are selectively absorbed because of the disruption of the normal blood flow through the blood brain barrier.

Gamma Scanning

Gamma scanning is a method of visualizing the distribution of radioactive tracers, which have been selectively absorbed by the tumor, to assist in the visualization of the growth, so that more accurate diagnostic evaluation for treatment may be made. As an example of scanning,

consider a study of the condition of the thyroid gland and the I^{131} uptake in the gland tissue. Although this is not strictly a tumor localization problem, the techniques and methods are identical.

As described by Blahd [1], the normal thyroid gland has a “butterfly” appearance. It weighs approximately 20 gm and its right lobe is usually larger than its left. The lobes are interconnected by an isthmus, but in some instances the isthmus may be entirely absent. In a patient suffering

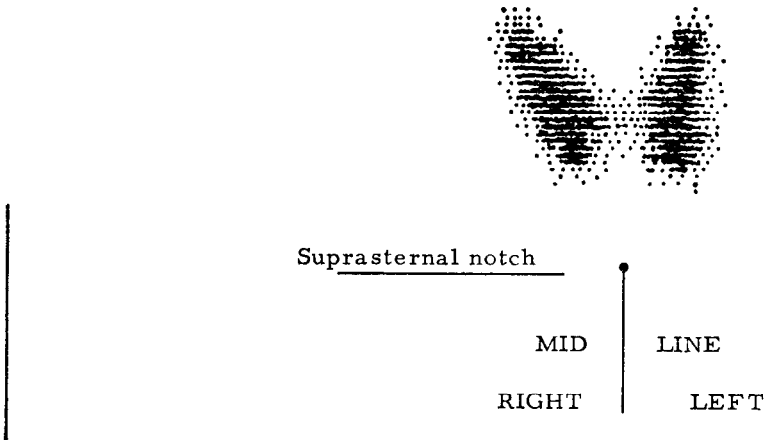


FIG. 1. A scintigram of the normal thyroid.

with hyperthyroidism the thyroid gland may be three or four times its normal size and its specific location is diffused. Figure 1 is a scintigram (i.e., the two-dimensional plot of the gamma scan) of the normal thyroid gland and Fig. 2 is a scintigram of a hyperthyroid gland. Each dot on the scintigram represents a given number of radiation counts in a collimated radiation detector. In those areas where the density of points is high, the nuclear radiation level is correspondingly high. Clearly, from such thyroid scintigrams, the physical size, location, and distribution of the thyroid gland may be ascertained. Thyroid nodules are quite common and are observed on scintigrams as rarified or nonfunctioning areas. Their existence usually denotes thyroid cancer, which means that they must be examined with care. Numerous other patterns of iodine uptake in the thyroid gland and elsewhere in the body are known that bear a one-to-one correspondence with human disorders.

Although the technique of scanning has been thoroughly established in the practice of nuclear medicine, limitations have arisen with regard to

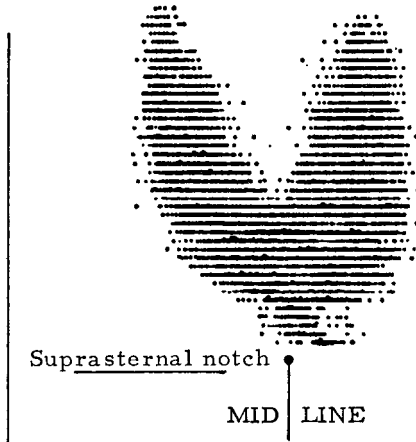


FIG. 2. A scintigram of a hyperthyroid gland.

the speed with which a scan can be performed and the amount of qualitative and quantitative detail that can be surmised. Both speed and spatial resolution require the use of greater concentrations of the radioisotope in order to provide a maximum statistical estimate of the count rate at each point in the field, and also because the aperture of the detection system must be minimized to provide the desired collimation to gain the required spatial resolution. This requirement is antagonistic to the desire to minimize the exposure of the patient to excessive radiation. Efforts at minimizing the dose, while maintaining picture quality and speed of scanning, have resulted in the use of larger scintillation crystals, efficient collimators, careful selection of the radioisotope to be employed, and improved procedures of data handling and data displays. In spite of the excellent results achieved in these areas, existing systems remain sub-optimal in terms of data utilization because of the *uniform* scanning speed that is universally employed.

In those portions of the field in which intense concentration of the radioisotope exists, a good estimate of the concentration at any point can be obtained in a very short period of time. In gray areas, in which the concentration is less, more scanning time must be allocated in order to obtain sufficient statistical certainty in the level of activity. To acquire the same level of statistical accuracy in areas of very low activity, the time required to scan would be excessive. Thus, providing a uniform scan time that is determined by a uniform level of statistical accuracy is not desirable. If, however, in areas of low intensity levels, sufficient time were provided

to establish that a low-level intensity level indeed exists at one point, before passing on to the next point in the field, the scan procedure could be improved by reducing the scan time. This procedure has been formalized in the mathematical theory of sequential sampling and has been applied successfully to problems of radar search, optimum sampling procedures for quality control, and other similar problems. Let us consider some of these applications to attain a better feel of the nature of the theory of sequential sampling before applying it to the subject at hand.

Qualitative Description of the Application of the Theory of Sequential Sampling

Quality Control Problem

In the quality control problem, by which we attempt to evaluate the properties of a large population by withdrawing samples and testing them, it is clearly desirable to use a minimum number of samples, both to minimize the amount of testing that must be done and to conserve the product being evaluated, since the testing process is frequently destructive. The proper sample size depends on the desired degree of confirmation of a given property of the population. As the requirement for assurance increases, the size of the test lot similarly increases, to the point where all units must be subjected to the test. If the test should be destructive, this is clearly catastrophic and impractical. For this reason, a process of sampling is adopted in which the size of the sample is adjusted for the desired degree of confirmation from an estimation of results obtained. For example, a lot of ten units may be tested. If no defective unit is found, a degree of confirmation of the quality of the population can be affirmed. If a certain number, say two, of these units tested are found to be defective, the lot can be rejected without further testing. However, a third alternative exists. If only one defective unit is discovered, the alternative is to take another sample of, for example, ten units; since one defective unit in ten may not in this case convey sufficient information to warrant either accepting or rejecting the lot. The essence of sequential sampling is that each trial results in three, rather than two, possible alternatives. These are (1) accept; (2) reject; or (3) take another sample. In some quality control instances, the adoption of this method has resulted in a reduction, by a factor of ten, in the number of units tested to obtain a given degree of confirmation concerning the lot as a whole.

Radar Scanning

In the radar scanning problem, the same principle is involved. If an antenna scans at a fast rate, targets will be lost or false alarms generated due to the insufficient time on target to integrate the echo to a value sufficiently above the noise. On the other hand, a scan that is excessively slow will permit fast-moving objects to pass out of the range of the radar without ever being detected. If it is necessary to choose a single scanning rate, we must choose an intermediate compromise that permits some lost targets from both lack of sufficient time on target or too much delay in scanning a given portion of the field. If, however, we scan in accordance with sequential sampling techniques, it is possible to enhance the target-detecting efficiency of the radar. The procedure is similar to the quality control problem. The radar antenna looks at a particular volume of space and integrates the signal obtained over a given period of time. If the integrated echo signal fails to exceed a certain threshold, the output is indicated as "no target" and the antenna moves on to another volume. On the other hand, if the signal exceeds a second threshold, which is higher, the volume of space is indicated as containing a target and again the antenna moves on to another volume. For those cases where the signals fail to cross either threshold, the antenna remains stationary until the integration process causes the signal level to cross either the upper or lower threshold. Thus again, a three-level decision is made: (1) yes, there is a target in the beam; (2) no, there is not a target in the beam; or (3) there is not sufficient information to make a decision, and therefore it is necessary to continue to observe.

Radioiscope Scanning

The application of this technique to the scanning of a gamma-emitting isotope is now clear. The detector is positioned at the first point to be observed and the counting rate applied to a three-level (two-threshold) system. If the counting rate is below a certain threshold, the detector is moved since this area can definitely be regarded as background. If the counting rate exceeds a higher threshold, the detector can likewise be moved to another position since the statistics accumulated are adequate to permit us to decide that an "intense" level exists. If neither of these thresholds is crossed, the detector remains stationary until sufficient statistics can be accumulated to enable us to estimate the intensity level of that area to the required accuracy; thus, the majority of the scanning time

is occupied in scanning the transition areas between intense and background levels in an attempt to obtain better information where an immediate decision concerning the intensity cannot be inferred. The precise setting of the threshold levels and the criteria for proper statistics will, of course, be determined by a detailed study of the nature of the lesions, tumors, gland, and so forth being observed with some a priori knowledge concerning the types of patterns expected. Thus, these thresholds can be set to yield the maximum amount of information for the least scanning time.

2. THE MODEL

In order to analyze the performance of the proposed scanning method, it is necessary to formulate a precise mathematical model of the radioactive source. Once this is accomplished, any completely defined scheme for sampling the source can be evaluated and compared to other proposed schemes on the basis of their relative performance.

Given a two-dimensional radioactive area that must be scanned, at any position (x, y) of this area there exists a radiation decay whose average number of counts per second is $\lambda(x, y)$. It is assumed that the half life of the source of this radiation is significantly longer than the duration of any scanning method it is proposed to analyze. It is well known [2, 3] that a radioactive decay source is accurately represented by a Poisson process with stationary independent increments. (The stationarity here comes from the assumption of the long half life to scanning time ratio.) This representation allows us to state that the probability $P(n, T)$ that the source at position (x, y) generates n decays in a time interval of T seconds is

$$P(n, T) = \frac{[\lambda(x, y)T]^n}{n!} \exp(-\lambda(x, y)T).$$

Thus the expected number of counts in T seconds is just $\lambda(x, y)T$.

The purpose of any scanning procedure is to determine the continuous two-dimensional intensity function $\lambda(x, y)$. This, however, is overly ambitious and it usually suffices to present an array of values of $\lambda(x, y)$ at the NM points (x_n, y_m) where x_n takes on the values x_1, x_2, \dots, x_N and y_m takes on the values y_1, y_2, \dots, y_M . We are then faced with the problem of devising methods for finding $\lambda(x_n, y_m)$. In Section 3, a number of such methods are described, and in Sections 4 and 5 they are compared to the performance of the more interesting of these. It is

recognized that $\lambda(x_n, y_m)$ (hereafter referred to as λ for convenience) can take on a continuum of values; clearly, it is sufficient for any practical purpose to quantize this continuum into a discrete set of L allowable values $\lambda_1, \lambda_2, \dots, \lambda_L$ where $\lambda_1 < \lambda_2 < \dots < \lambda_L$. Such a quantized system is referred to as a multilevel scanning system (indeed, an L -ary system). In order to present the results of an L -ary scanning system, we may print one of L gray levels at each point (x_n, y_m) on a two-dimensional plot. In order to determine the exact gray level at any point, a fairly careful measurement of λ must be made at each point if L is reasonably large; this then involves a fairly long scanning time per point. On the other hand, if L is rather small, the accuracy of representation of λ will be less, but so also will be the required scan time. Indeed, if L is taken to be $L = 2$, the crudest possible quantization is obtained, as well as the shortest scan time per point; such a system is referred to as a *binary* scanning system. In the binary case, only black and white coloring appears at each point; however, the two-dimensional function $\lambda(x_n, y_m)$ will nevertheless appear to take on gray tones due to the varying density of black points, not unlike the gray levels that are produced in newspapers using halftone photographs. The quality of a picture produced with a binary scanning system can be made rather high by increasing the density of points looked at (i.e., by increasing N and M); in so doing, of course, we pay the price of increasing the total scan time. In Section 3 various multilevel and binary ($L = 2$) scanning systems are described and their relative advantages and disadvantages discussed.

Because of the essential simplicity of the mathematics and implementation of a binary scanning method, an analysis of the system with $L = 2$ will be made. In Section 4, an analysis of a binary fixed-time scanning system is carried out, and a binary threshold scanning system is analyzed in Section 5. The model in both of these systems is that of a binary source, which is now to be described.

The binary system $L = 2$ quantizes all possible radiation intensities λ into two allowed levels λ_1 and λ_2 ($\lambda_1 < \lambda_2$). Specifically, as shown in Fig. 3, the quantizer output is λ_1 for all input radiation intensities $\lambda < \lambda_c$ and the output is λ_2 for all $\lambda > \lambda_c$ where λ_c is the critical input intensity.

An extensive theory of sequential hypothesis testing has been developed [5] that is applicable to the problem at hand. The assumption usually made in that theory is that one of two mutually exclusive hypotheses H_1 or H_2 is true. The goal is to sample the process being tested until a sufficiently reliable estimate is obtained as to which of the hypotheses is

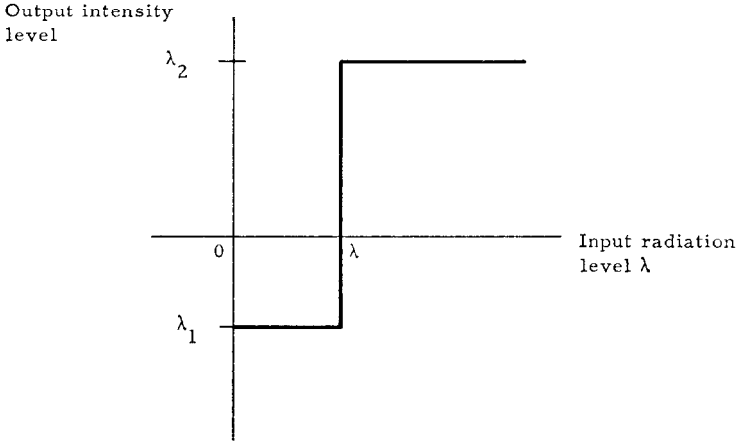


FIG. 3. Binary quantizer.

true. Applying this theory to our problem, it is seen that a suitable problem formulation is one in which it is assumed that each radiation intensity $\lambda(x_n, y_m)$ can take on only one of two values, λ_1 or λ_2 ; that is, the hypotheses are H_1 and H_2 where

H_1 is the hypothesis that $\lambda = \lambda_1$,

H_2 is the hypothesis that $\lambda = \lambda_2$.

Observe that the binary quantizer model is distinctly different from this two-hypothesis model in that the latter allows λ to take on only one of two levels (λ_1 or λ_2) and the former allows λ to take on a continuum of levels and then maps (quantizes) this continuum into one of two levels. The two-hypothesis theory is so appealing in its mathematical tractability, however, that it is advisable to accept it for this analysis, recognizing that it is only a gross simplification of the true state of affairs. Nevertheless, it is felt that the adoption of such a model allows precise mathematical results to be obtained, which then provide a basis for understanding and comparing scanning procedures. In Sections 4 and 5, a discussion is presented of the effect of using the results of the two-hypothesis model in a situation where there exists a continuum of values for λ . In particular, there is a discussion of a "transfer function" that describes the probability of printing a black spot (i.e., deciding on hypothesis H_2) when the true radiation intensity is some real number λ .

Let us summarize the assumptions that have been made in arriving at a precise model of the two-dimensional radioactive source $\lambda(x, y)$:

1. The space-continuous distribution $\lambda(x, y)$ is approximated by a space-discrete distribution $\lambda(x_n, y_m)$ where $x_n = x_1, x_2, \dots, x_N$ and $y_m = y_1, y_2, \dots, y_M$.

2. The half life of each radiation intensity $\lambda(x_n, y_m)$ is assumed to be significantly longer than the duration of the scanning methods.

3. Each radiation source at (x_n, y_m) is assumed to generate a sequence of decay particles that may be described by a Poisson process with an average of $\lambda(x_n, y_m)$ counts per second.

In Section 3 there are described multilevel and two-level scanning methods using assumptions 1, 2, and 3. Furthermore, in Sections 4 and 5 there are analyzed some binary (two-level) systems; for these analyses the following additional assumption is made.

4. Each $\lambda(x_n, y_m)$ is assumed to take on one of the two values λ_1 or λ_2 ($\lambda_1 < \lambda_2$).

As mentioned earlier, consideration is given to the effect of assumption 4 on the performance of the binary scanning methods in the analysis.

3. MAPPING OF RADIATION LEVELS

The problems associated with the mapping of the radiation level in a body can be described with the aid of Figs. 4 and 5. Let Fig. 4 represent the one-dimensional distribution of radioactivity in a body. The device for measuring the radioactivity at a particular point, say x , in the body will generally consist of a radiation detector, which detects the decay of radioactive particles; a counting system, which counts the number of decays; and a decision element, which interprets the counter output and translates it into a radioactivity level. The block diagram of such a system is shown in Fig. 5.

Suppose that the counter has been set to zero and the radiation detector has been positioned over the point x_1 as indicated in Fig. 4. The number of radioactive decays is counted (for either a fixed or variable time) and translated into a radioactivity level by the decision element. The counter is then reset to zero, the radiation detector moved to a new point, say x_2 , and the radioactivity level at this point is measured. The device continues until the radioactivity levels at all positions are measured. Apparently, the ideal measurement device would exactly reproduce the curve in Fig. 4; however, because of the probabilistic nature of radioactive decay, such a device is impossible to construct. The relationship

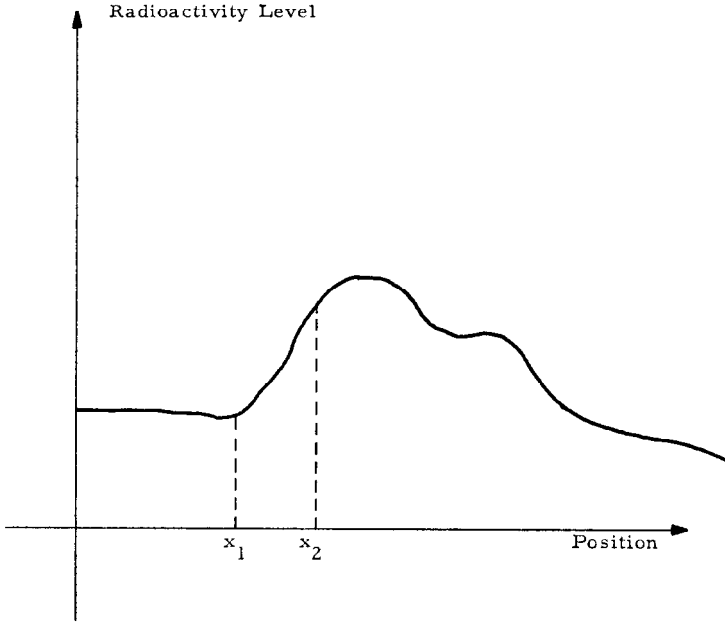


FIG. 4. One-dimensional distribution of radioactivity.

between the radioactivity level at a point and the measured level is then best represented in a probabilistic manner. The nature of this representation is completely determined by the decision element, and this representation dictates the design of the decision element.

The output of the counting device is a Poisson process [2, 3] whose expected rate depends on the radioactivity level at the particular point in the body being examined. The decision element examines the Poisson process (i.e., counter output) and assigns to it an estimate of the radioactivity level. There are six basic methods by which this assignment

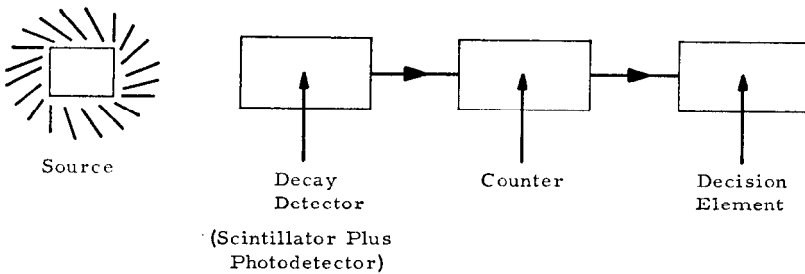


FIG. 5. Radioactivity measuring system.

might be made. Other techniques as well as hybrid combinations of these six will now be discussed.

Multilevel Decision Elements (Quantizers)

The first class of decision elements are quantizers of the multilevel type. It is apparent from Fig. 4 that there is a continuum of radioactivity levels. From an engineering standpoint, distinguishing between all of these levels is impractical. For this reason, it is best to consider only discrete levels of radioactivity. That is, all activity levels λ that lie in the

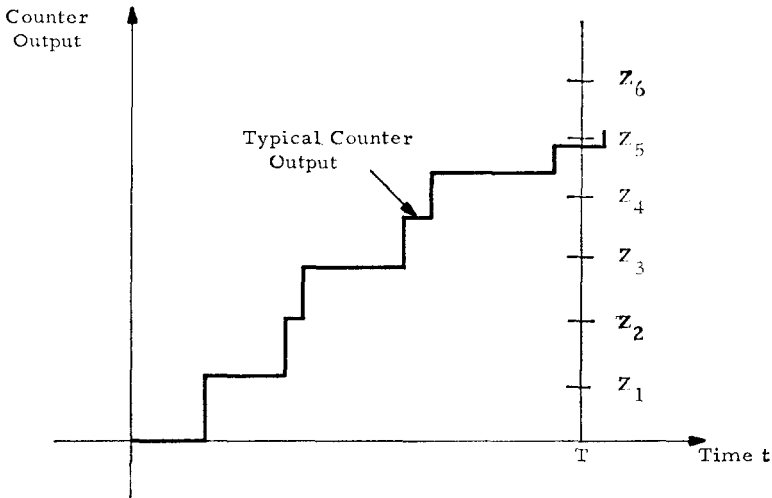


FIG. 6. Fixed-time decision element.

interval $\lambda_i \leq \lambda \leq \lambda_{i+1}$ (where λ_i and λ_{i+1} are fixed levels) are assumed to be at level $(\lambda_i + \lambda_{i+1})/2$. Theoretically, this discrete approximation to the continuous curve can be made as close as desired by increasing the number of levels.

Consider a *fixed-time* multilevel decision element. The characteristics of such a device can be explained with the aid of Fig. 6. Consider a position x in the body with an average radiation level of λ decays per second (Poisson process). A count of radioactive decays is made by the counter for a fixed period of time T . The output of the counter at time T , say z^* , will lie in some interval $z_i \leq z^* < z_{i+1}$. Let $\hat{\lambda}$ be the discrete output of the decision element, which is considered to estimate λ (the number of counts or decays per second for the position being examined).

Choose $\hat{\lambda}$ (given $z_i \leq z^* < z_{i+1}$) as

$$\hat{\lambda} = \frac{z_{i+1} + z_i}{2T}$$

($\hat{\lambda}$ is, of course, only an estimate of the true value λ).

Having obtained a value of $\hat{\lambda}$ for each point in the body, it is then possible to construct a picture of the distribution of radioactivity. This may be done by assigning to each $\hat{\lambda}$ a shade of gray. Corresponding to

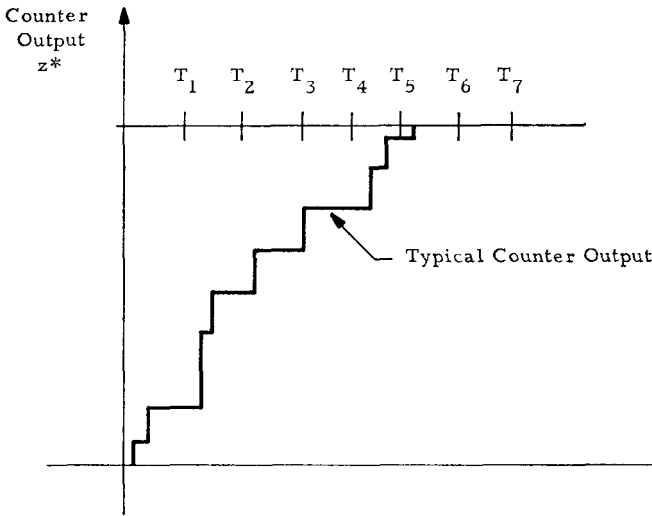


FIG. 7. Fixed-count decision elements.

each point in the body, a spot may be made on a flat recording surface with the color gray corresponding to the estimate $\hat{\lambda}$ in the body at that position. The result is, of course, a “picture” of the radiation level.

The two disadvantages of this scheme are (1) a fixed time is used to distinguish the radioactivity level at every point (a significant saving in time can be had by making the time interval variable, as in the multilevel threshold technique described subsequently); and (2) it is generally difficult to maintain the various decision levels z_i using simple electronic equipment (i.e., if several levels z_i are used, the loss of accuracy due to drift may be a problem).

A *fixed-count* multilevel decision technique, which is similar to the preceding one, can be described by Fig. 7. In this technique the Poisson process at a point x is monitored until its count exceeds a given level z^*

This takes place at some time T where, for a given set of $T_i, T_i \leq T \leq T_{i+1}$. The estimate $\hat{\lambda}$ of the expected decay rate λ is then determined as

$$\hat{\lambda} = \frac{2z^*}{T_{i+1} + T_i}.$$

As in the fixed-time technique, $\hat{\lambda}$ is a random variable and gives only an estimate of the radioactivity level λ at the point. Generation of a picture from these measurements would be the same as for the fixed-time technique. The disadvantages of this technique are (1) several decision levels

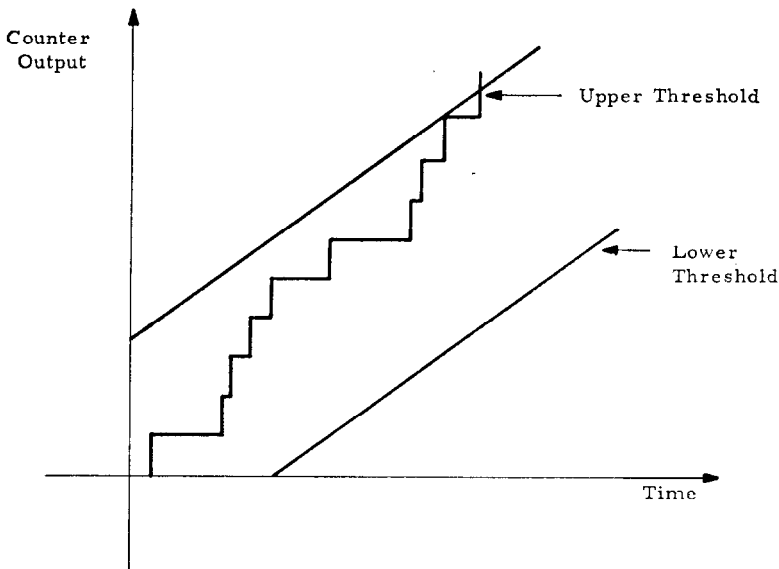


FIG. 8. Multilevel threshold decision element.

(in time) must be maintained without significant drift; and (2) a very large amount of time might be spent in waiting for the counter outputs to exceed z^* (radioactivity levels corresponding perhaps to a low background level would take a long time to exceed z^*).

The third multilevel decision element, a *threshold* device, can be described with the aid of Fig. 8. The “picture” of the radioactivity level in the body again would be produced by printing spots with various shades of gray, which represent measured radioactivity levels. Two thresholds (which are linear with time) are chosen as shown in the figure. As soon as the counter output crosses either one of the two thresholds, a decision is

made as to the level of radiation at that position in the body being examined. If the counter output at the crossing point is z and the crossing time is T , then the estimate $\hat{\lambda}$ of the time average decay rate is taken as

$$\hat{\lambda} = \frac{z_{i+1} + z_i}{T_{i+1} + T_i}$$

where $z_i \leq z < z_{i+1}$ and $T_i \leq T < T_{i+1}$. This defines a radioactivity $\hat{\lambda}$ (an estimate of the true value) at the point and a spot with a corresponding shade of gray is then printed. The reason for introducing the two thresholds is to ensure that a sufficiently reliable sample is taken before an estimate of λ is made.

The last technique appears to be much more promising than the first two techniques and probably deserves further study. This report includes a study of two-level decision elements only.

Two-Level Decision Elements

Two-level decision elements are of interest since they are simple to construct and operate. We consider three such elements in the following paragraphs.

One possible binary (two-level) technique (which is a special case of the fixed-time multilevel technique) can be described with the aid of Fig. 9. The "picture" of the radioactivity pattern is generated in this technique as follows. At a particular point on the recording surface corresponding to a point x , either a black spot is recorded or it is not. If an analogy is made to the fixed-time multilevel technique, there are two shades of gray: black and white. The picture then is generated by the *density* of points rather than by shades of gray. The decision whether or not to print a spot at a particular position is made on the basis of the counter output z at a fixed time T . If this quantity exceeds a critical decision level, a spot is printed. If not, then nothing is printed. The transfer function of this device is apparently probabilistic in nature. This type of element is discussed in more detail in a later section. The disadvantage of this technique is that for each position, a fixed amount of time is necessary to make a decision, whereas it might be possible to make an adequate decision in much less time for certain extreme activity levels.

A binary technique that is similar to the preceding one (see Fig. 10) is now described. Indeed, it is a special case of the fixed-count multilevel technique. The counter output continues until it exceeds some fixed level z^* . If the time it takes for z^* to be attained is less than some critical

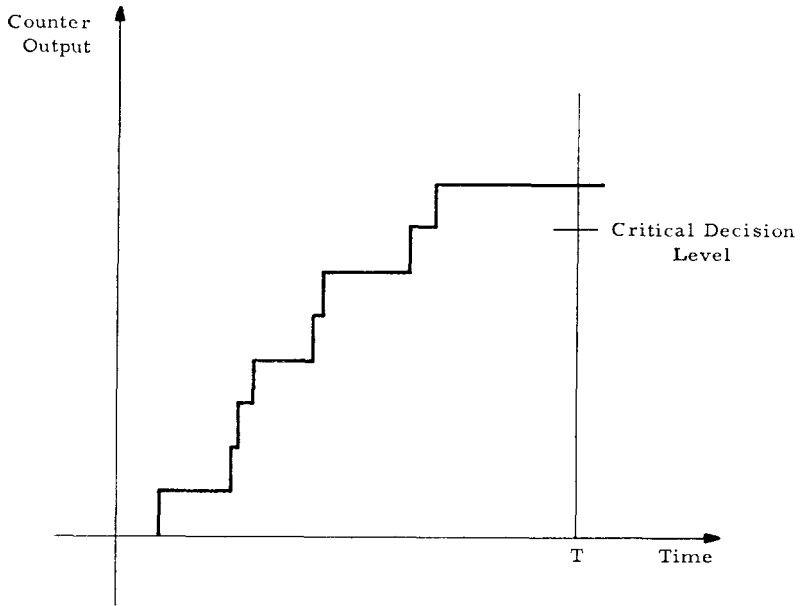


FIG. 9. Two-level fixed-time decision element.

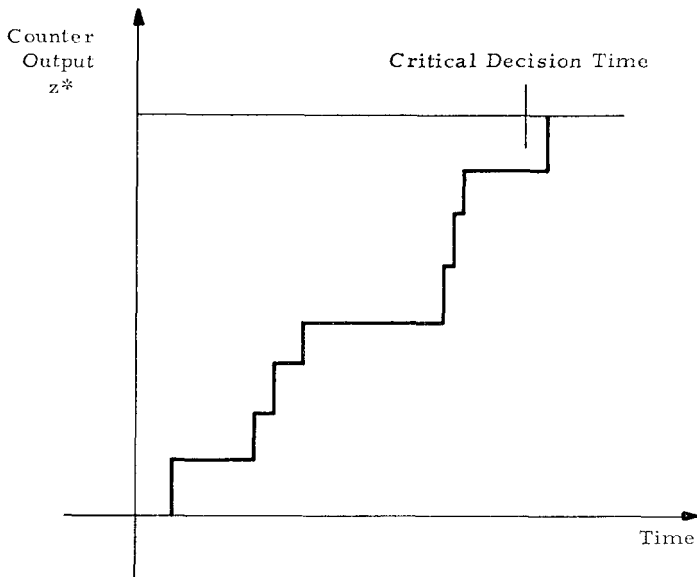


FIG. 10. Two-level fixed-count decision element.

decision time, a spot is printed. If not, no spot is printed. This technique has basically the same disadvantage as the fixed-time technique in that it may not be necessary to attain a given count level z^* in order to make an adequate decision about the radioactivity level at a point in the body.

Another binary decision element can be formed as a special case of the multilevel threshold element. Consider Fig. 11. In this technique

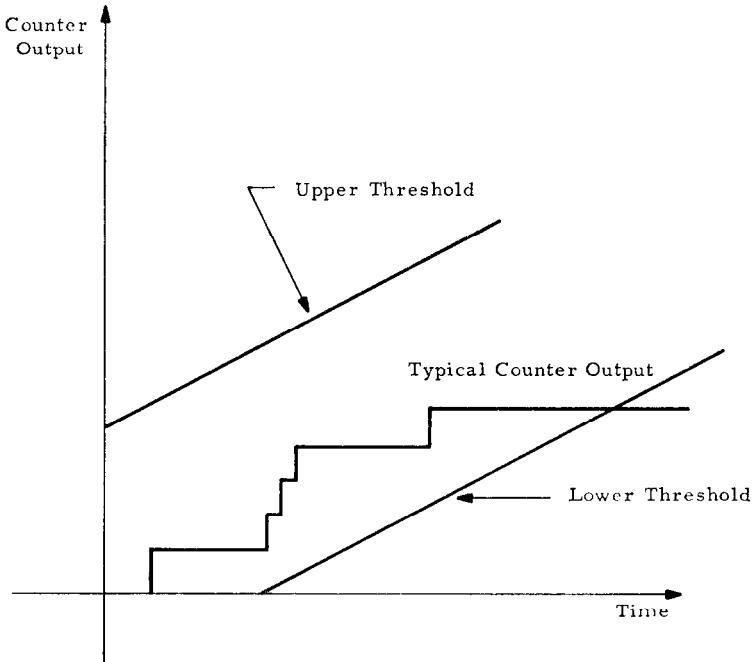


FIG. 11. Two-level threshold decision element.

two thresholds (which are linear with time) are chosen, as shown in the figure. The *first time* that the counter output crosses either threshold, a decision is made. The technique of generating a picture of the radioactivity is the same as for the other two binary decision elements. That is, the density of spots generates the picture. If the counter output crosses the upper threshold, then a spot is printed and the detector moves on to the next sample point in the body. If the lower threshold is crossed, then no spot is printed and the detector moves on. There is, of course, always the possibility that neither threshold will be crossed. In a practical design, this possibility is handled by terminating any measurement whenever a

maximum measuring time has been exceeded and nothing is printed. The advantage of this technique over the fixed-time and fixed-count techniques is that a decision on the radioactivity level can be reached much more quickly in most cases. This is particularly true of extreme (high or low) radiation levels. (That this is true will be justified later.) The disadvantage of this technique is that two thresholds must be generated and maintained.

4. BINARY FIXED-TIME SCANNING

It is assumed that there is a binary source of radiation that emits at an average intensity of either λ_1 or λ_2 ($\lambda_2 > \lambda_1$) counts per unit time. It is agreed to observe the source for T seconds, at which time there will be n counts. The selected decision rule is as follows.

If $n \geq n_c$, decide that λ_2 is the source intensity;

if $n < n_c$, decide that λ_1 is the source intensity;

where n_c is such that ($P_R(x)$ denotes the probability of the event x)

$$P_1(n_c, T) = P_2(n_c, T) \quad (1)$$

and

$$P_i(n, T) = P_R [n \text{ counts observed in } T \text{ seconds given that the source intensity is } \lambda_i].$$

Since the sources are from a radioactive decay, it is known that the Poisson model is accurate [2], thereby giving

$$P_i(n, T) = \frac{(\lambda_i T)^n}{n!} \exp(-\lambda_i T). \quad (2)$$

Thus, Eq. (1) becomes

$$\frac{(\lambda_1 T)^{n_c}}{n_c!} \exp(-\lambda_1 T) = \frac{(\lambda_2 T)^{n_c}}{n_c!} \exp(-\lambda_2 T). \quad (3)$$

Consequently, the condition on n_c becomes

$$\lambda_1^{n_c} \exp(-\lambda_1 T) = \lambda_2^{n_c} \exp(-\lambda_2 T)$$

or

$$\exp[(\lambda_2 - \lambda_1)T] = \left(\frac{\lambda_2}{\lambda_1}\right)^{n_c}.$$

Taking logarithms,

$$(\lambda_2 - \lambda_1)T = n_c \log \frac{\lambda_2}{\lambda_1},$$

or, finally,

$$n_c = \frac{(\lambda_2 - \lambda_1)T}{\log \lambda_2/\lambda_1}. \tag{4}$$

This is the value of the “critical” count n_c .

Define

$$\alpha_i = P_R [\text{an error is made in decision, given that the source intensity is } \lambda_i].$$

From the decision rule, it is seen that

$$\begin{aligned} \alpha_2 &= P_R[n < n_c \text{ given that the intensity is } \lambda_2] \\ &= \sum_{n=0}^{n_c-1} P_2(n, T). \end{aligned}$$

Using Eq. (2), we have

$$\alpha_2 = \sum_{n=0}^{n_c-1} \frac{(\lambda_2 T)^n}{n!} \exp(-\lambda_2 T). \tag{5}$$

Similarly,

$$\begin{aligned} \alpha_1 &= P_R [n \geq n_c \text{ given that the intensity is } \lambda_1] \\ &= \sum_{n=n_c}^{\infty} P_1(n, T), \end{aligned}$$

or

$$\alpha_1 = \sum_{n=n_c}^{\infty} \frac{(\lambda_1 T)^n}{n!} \exp(-\lambda_1 T). \tag{6}$$

E. C. Molina [4] gives tables of

$$S(n_c, \lambda T) = \sum_{n=n_c}^{\infty} \frac{(\lambda T)^n}{n!} \exp(-\lambda T). \tag{7}$$

Writing α_1 and α_2 in terms of $S(n_c, \lambda_i T)$, we obtain

$$\alpha_1 = S(n_c, \lambda_1 T), \tag{8}$$

$$\alpha_2 = 1 - S(n_c, \lambda_2 T). \tag{9}$$

It is intended to make a comparison between fixed-time sampling and threshold sampling. In order to do this, define

T_i = observation time of the process in order to achieve an error probability α_i , for fixed λ_2 and for $\lambda_1 = 1$ (at no loss of generality).

Then define the average observation time \bar{T} as

$$\bar{T} = \frac{T_1 + T_2}{2}. \quad (10)$$

In Fig. 12 are shown the results of such calculations for \bar{T} using Eqs. (4), (8), (9), and Molina's tables, for various λ_2 and α_i ; $\alpha_1 = \alpha_2 = \alpha$ has been chosen in all curves shown, as a means of standardizing the error.

It is necessary to plot a transfer function for this fixed-time method in order to evaluate its performance for a continuous range of values for λ . Therefore, a plot of the probability of printing a point as a function of λ is made. For any λ and T it is observed that the expected value $E(n)$ of the count n will be $E(n) = \lambda T$. Therefore, $n_c = \lambda_c T$ or $\lambda_c = n_c/T$ is obtained. Thus the critical intensity λ_c (using Eq. (4)) will be

$$\lambda_c = \frac{\lambda_2 - \lambda_1}{\log \lambda_2/\lambda_1}. \quad (11)$$

Letting $\lambda_c = 1$ for normalization purposes, Eq. (11) then yields

$$\lambda_2 \exp(-\lambda_2) = \lambda_1 \exp(-\lambda_1). \quad (12)$$

Any pair (λ_1, λ_2) satisfying Eq. (12) will give the same value for probabilities of printing a black spot. That is, with probability $1 - \alpha_2$ black is printed if $\lambda = \lambda_2$, and with probability α_1 black is printed if $\lambda = \lambda_1$. For any T then, we obtain a transfer function as required. The results of this calculation are shown in Fig. 13. These results are compared to those for binary threshold sampling (Section 5) in Section 6.

5. TWO-LEVEL THRESHOLD DECISION ELEMENT (VARIABLE TIME)

In this section some of the more important properties of the two-level threshold decision elements are discussed and analyzed. This element was explained earlier with the use of Fig. 11, which is also pertinent to the discussion in this section.

If the two-level threshold decision element is used, the picture of the radiation pattern is generated by varying the density of black spots on a recording surface. Regions of high, medium, and low spot densities correspond to high, medium, and low radioactivity levels, respectively. The decision whether or not a spot is printed at a particular point depends on whether the counter output crosses the upper or lower threshold. Since these crossings are probabilistic in nature, the pattern will be somewhat random in nature. For example, even though the radioactivity

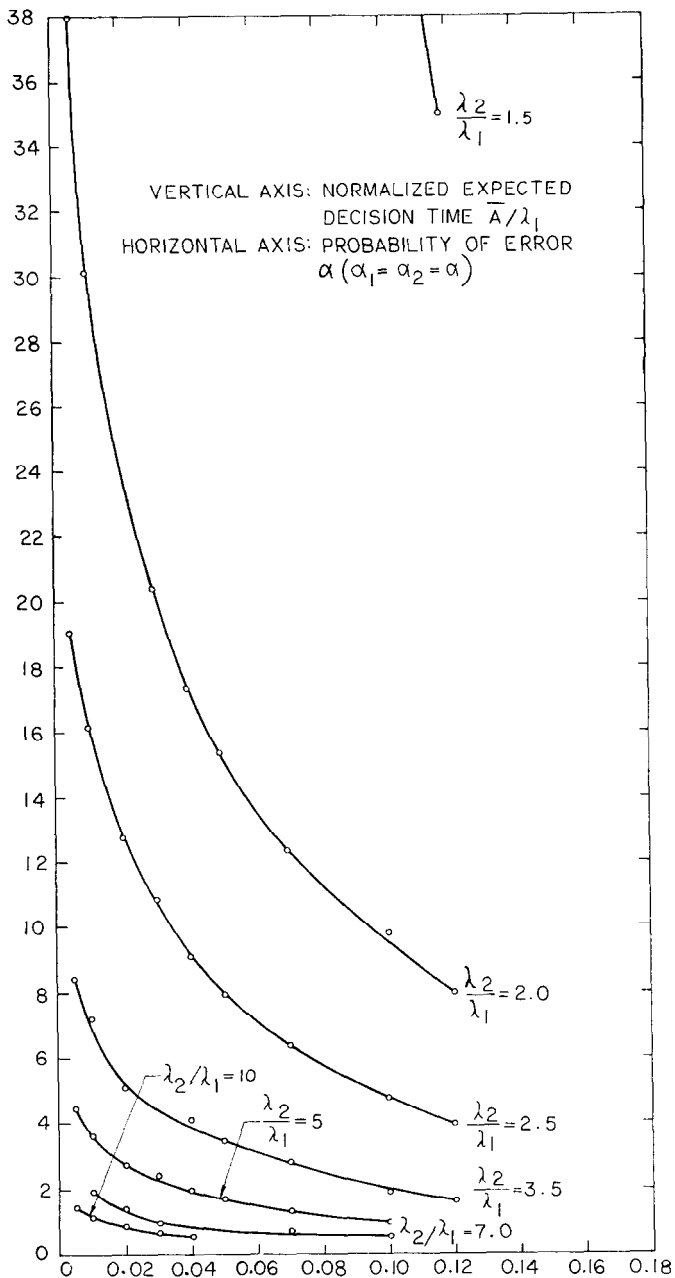


FIG. 12. Relationship between average decision time and error probability for fixed-time element.

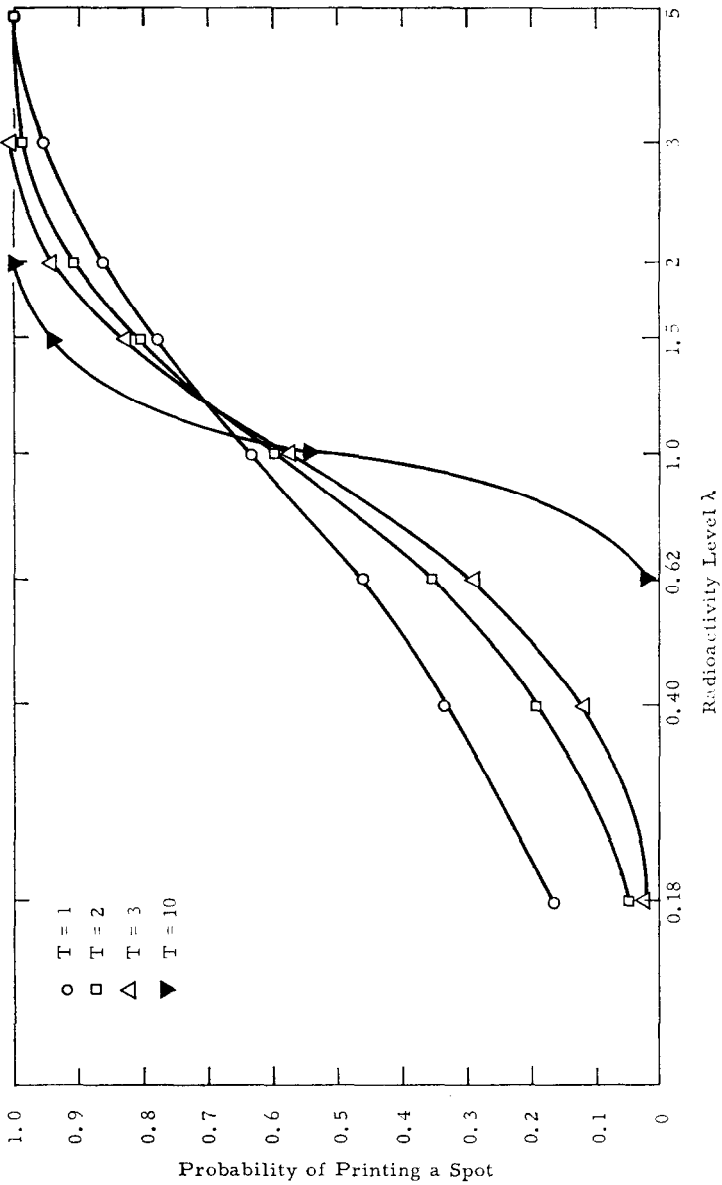


FIG. 13. Transfer function for binary fixed-time decision element ($\lambda_c = 1$).

level at a particular point is very high, the counter output may cross the lower threshold and no spot will be printed. If measurements are made at many points in a region with a high radioactivity level, then the probability of spots being printed for many of these points will be high. The nature of this decision element cannot be completely described by a simple decision rule that relates the radioactivity level and the corresponding decision whether or not a spot is printed. Instead it must be described by a representation (referred to as a transfer function) that relates the *radioactivity level* and the *probability* that a spot is printed. Such a representation has been shown in Fig. 13 (for fixed-time sampling). It is apparent that above a certain radioactivity level, say $\bar{\lambda}$, the probability of a spot is essentially unity. These decision elements cannot practically distinguish (probabilistically) between various levels above the level $\bar{\lambda}$. Another variable of importance in this technique is the time it takes to reach a decision whether a spot should be printed or not. It is desirable to make the decision time as short as possible without excessively degrading the accuracy of the decision.

If the radioactivity level is constant over a region and measurements are made at a large number of points in this region, then the density of spots should be approximately equal to the probability of a spot for that radioactivity level. The transfer function might then be considered to be the transfer function between *radioactivity level* and *spot density*. It is probably desirable for such a transfer function to be approximately linear; however, without additional knowledge about the averaging and smoothing properties of the human eye, this is only conjecture.

It is clear that two important properties of the binary threshold technique are (1) the expected time needed to reach a decision at each point in the body; and (2) the ability to distinguish accurately between two fixed radioactivity levels. As might be expected, these two properties are not independent. That is, the expected time to reach a decision, the accuracy of the decision (in a probabilistic sense), and the radioactivity levels are functionally related.

To generate (graphical) relationships that describe the properties of the binary threshold decision element, the *theory of sequential hypothesis testing* [5-8] has been used. The problem of sequential hypothesis testing can be defined as follows [7, 8].

Let $\{z_1(t), t \geq 0\}$ and $\{z_2(t), t \geq 0\}$ be two different stochastic processes. An observer, beginning at $t = 0$, continuously monitors

Mathematical Biosciences 4 (1969), 499-530

a stochastic process $\{z(t), t \geq 0\}$ that is either $\{z_1(t)\}$ or $\{z_2(t)\}$ and wishes to decide, *as soon as possible*, whether $\{z(t)\}$ is $\{z_1(t)\}$ or $\{z_2(t)\}$. The phrase "as soon as possible" is defined as follows. Let T be the time when a decision is reached. T is clearly a random variable. Let $E_1(T)$ and $E_2(T)$ be the expected values of T when $\{z(t)\} = \{z_1(t)\}$ and $\{z(t)\} = \{z_2(t)\}$, respectively. Let α_1 and α_2 be two positive constants such that $\alpha_1 + \alpha_2 < 1$. If the restriction is made that the probability of an incorrect decision when $\{z(t)\} = \{z_i(t)\}$ is fixed at α_i , then the problem is to find a procedure for deciding between $\{z_1(t)\}$ and $\{z_2(t)\}$ such that $E_1(T)$ and $E_2(T)$ are minimized, given α_1 and α_2 .

In this writing, the two processes $\{z_1(t)\}$ and $\{z_2(t)\}$ are assumed to be Poisson processes with stationary independent increments and mean occurrence times $1/\lambda_1$ and $1/\lambda_2$, respectively. This model was described in Section 2. The problem in this case is deciding whether or not the mean occurrence time of the observed process is $1/\lambda_1$ or $1/\lambda_2$. The optimal test procedure (in the sense that $E_1(T)$ and $E_2(T)$ are minimized for fixed α_1 and α_2) is given by a Wald sequential probability ratio test [5, 6].

More specifically, let $z(t)$ be the observed process and define

$$l(t) = z(t) \log \frac{\lambda_2}{\lambda_1} - (\lambda_2 - \lambda_1)t$$

where $\lambda_2 > \lambda_1$. Then the best decision rule is specified by two numbers, a, b ($b < 0 < a$) in the following manner. As long as $l(t)$ lies between a and b , observation of $z(t)$ continues. As soon as $l(t) \leq b$, stop observing $\{z(t)\}$ and decide $\lambda = \lambda_1$. As soon as $l(t) \geq a$, stop observing $\{z(t)\}$ and decide $\lambda = \lambda_2$. Now for *any* other procedure with error probabilities α_1^* and α_2^* and expected decision times $E_1^*(T)$ and $E_2^*(T)$, then $\alpha_1^* \leq \alpha_1$, $\alpha_2^* \leq \alpha_2$ implies $E_1^*(T) \geq E_1(T)$ and $E_2^*(T) \geq E_2(T)$. Figure 14 is a sketch of how this type of decision rule works. In this case, the process $l(t)$ crosses the decision level at a time t_0 and at that time it is decided that $\lambda \equiv \lambda_2$.

To put this decision rule into the form of the binary threshold decision rule, it should be noted that $b \leq l(t) \leq a$ implies that

$$\frac{b}{\log \lambda_2/\lambda_1} + \frac{(\lambda_2 - \lambda_1)t}{\log \lambda_2/\lambda_1} \leq z(t) \leq \frac{a}{\log \lambda_2/\lambda_1} + \frac{(\lambda_2 - \lambda_1)t}{\log \lambda_2/\lambda_1}.$$

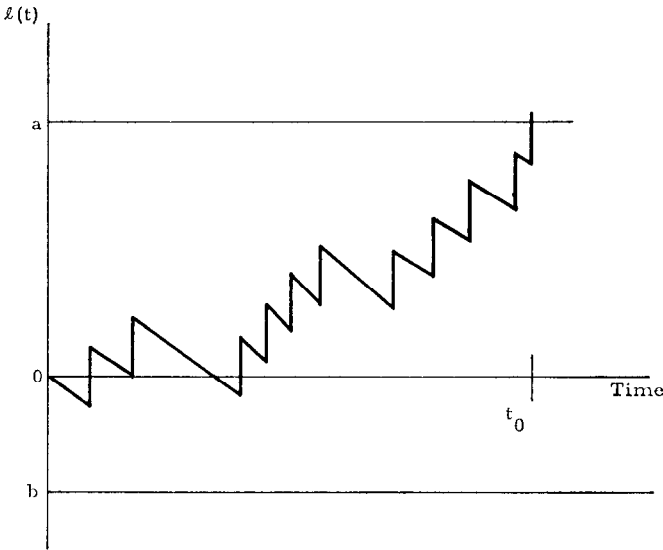


FIG. 14. Sketch of decision function.

Now let

$$J = \frac{a}{\log \lambda_2/\lambda_1}, \quad K = \frac{b}{\log \lambda_2/\lambda_1}.$$

Then the two linear time functions

$$J + \frac{(\lambda_2 - \lambda_1)t}{\log \lambda_2/\lambda_1} \quad \text{and} \quad K + \frac{(\lambda_2 - \lambda_1)t}{\log \lambda_2/\lambda_1}$$

are, respectively, the upper and lower thresholds of the two-level threshold decision rule; Fig. 11 is a sketch that illustrates this type of decision rule. The values for J and K are completely determined by the values λ_2 , λ_1 , a , and b . The values for a and b are calculated from the given error probabilities α_1 and α_2 . In particular,

$$b = \log \frac{\alpha_2}{1 - \alpha_1}$$

and

$$\log \frac{\lambda_1}{\lambda_2} + \log \frac{1 - \alpha_2}{\alpha_1} \leq a \leq \log \frac{1 - \alpha_2}{\alpha_1}.$$

Note that a is not uniquely given by these expressions, but is merely bounded from above and below. There are no simple analytic expressions

for J and K that can be used for design purposes due to the difficulty in uniquely specifying a ; in [8], however, tables have been prepared that relate λ_2 , λ_1 , α_2 , α_1 , J , K , $E_1(T)$, and $E_2(T)$. Using these tables, it is possible to fix certain of these variables and determine from the tables the values of the remaining variables. For instance, if λ_2 , λ_1 , α_2 , and α_1 are specified then J , K , $E_1(T)$, and $E_2(T)$ have fixed values that can be determined from these tables. Or, if J , K , λ_2 , and λ_1 are specified, then α_1 , α_2 , $E_1(T)$, and $E_2(T)$ have fixed values that can be determined from these tables.

Using these tables, curves have been plotted in Fig. 15 that represent the relationship among the expected time to reach a decision, the radioactivity levels λ_1 and λ_2 , and the probabilities of errors α_1 and α_2 . Since it is difficult to represent the dependence of all these quantities in a reasonable graphical form, the relationships have been somewhat simplified by making certain assumptions. It is assumed that $\alpha_1 = \alpha_2 = \alpha$ and that the processes defined by λ_1 and λ_2 are equally likely. This second assumption allows us to define an average time of decision as

$$\bar{A} = \frac{E_1(T) + E_2(T)}{2}.$$

In addition, it is intuitively apparent (and can be shown rigorously) that the time to reach a decision varies inversely as the radioactivity levels. For example, let $\lambda_1 = 1$, λ_2/λ_1 be fixed, and \bar{A} be the corresponding expected time to reach a decision; if $\lambda_1 = 2$ and λ_2/λ_1 has the same value, the expected time to reach a decision is $\bar{A}/2$. Figure 16 is then a family of curves of the normalized expected time versus the probability of error α with the ratio λ_2/λ_1 as the parameter. These curves can be used in either of two ways. First, suppose λ_2/λ_1 is fixed and it is desired to determine how much time it takes to make a decision with expected error α . Find the given value of α on the abscissa and go vertically from this value to the intersection with the curve defined by the given λ_2/λ_1 . The expected decision time is then the ordinate of this intersection. The second way in which this family of curves can be used is as follows. Let α be a fixed expected error and \bar{A} be a fixed decision time. The intersection of these two values will lie on a member of the family of curves and therefore fix the ratio $\lambda_2/\lambda_1 = \lambda^*$. That is, for a given time and given allowable error the decision element can distinguish between levels λ_1 and λ_2 only if $\lambda_2/\lambda_1 \geq \lambda^*$.

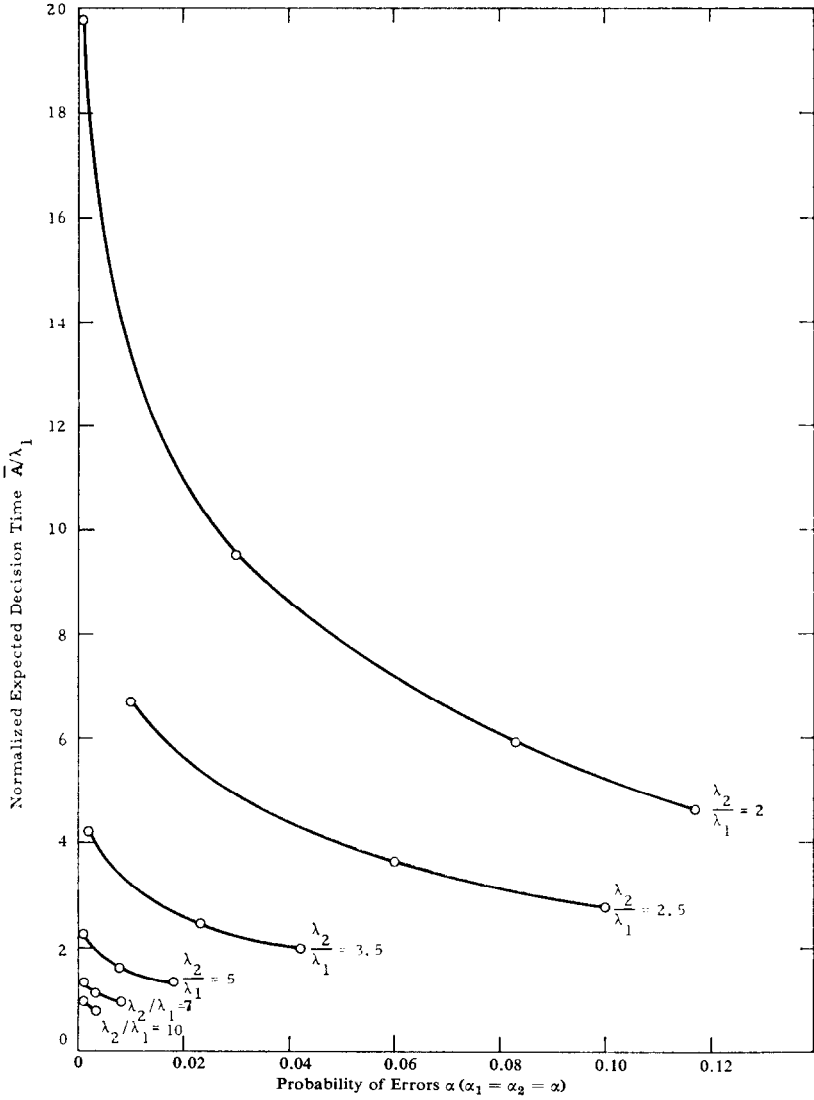


FIG. 15. Relationship between expected decision time and error probability for threshold element.

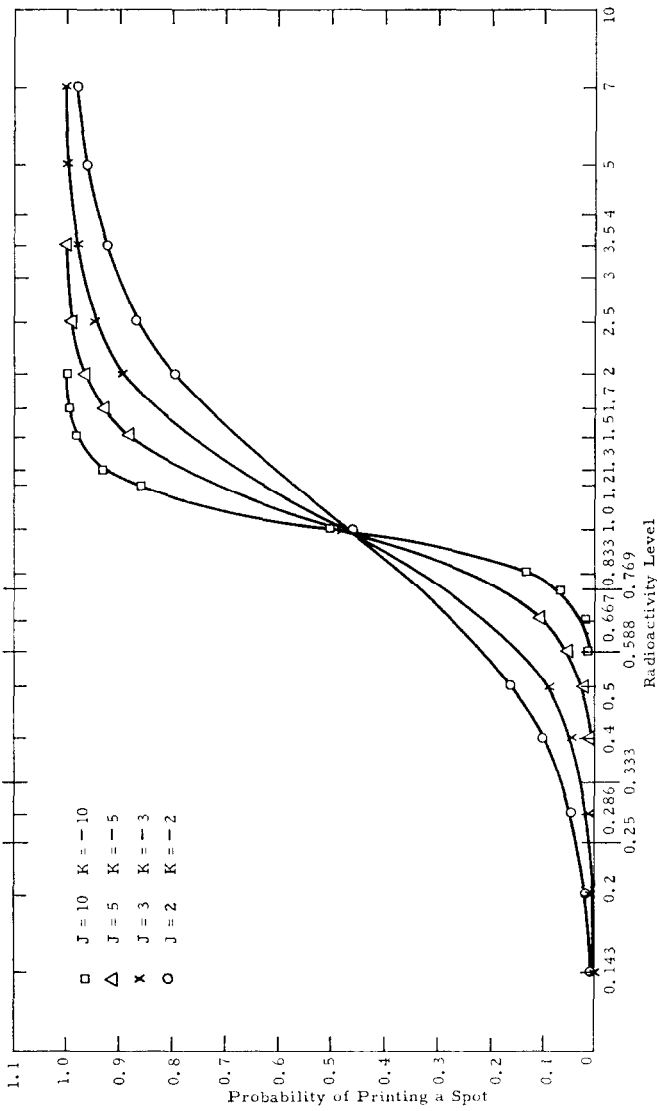


Fig. 16. Transfer function for binary threshold decision element.

In Figs. 16 and 17 transfer functions for the binary threshold decision element have been plotted. These are, of course, curves of the probability of a spot versus radioactivity level λ . These curves were obtained by using the tables of [8] in the following manner. The values for J and K are fixed, λ_1 is assumed to be unity, and λ is allowed to take on values greater than one. In the tables, values of λ are obtained from the λ_2 entries since $\lambda > \lambda_1$. From the tables for fixed values of J , K , λ_1 , and λ , the values for α_1 and α_2 can be obtained. Since α_2 represents the probability of an error if λ is the true value, $1 - \alpha_2$ is the probability of a correct decision and therefore is the probability of a spot. That is, if the decay rate at a particular point is $\lambda > \lambda_1$, then the probability of a point is the probability of making a correct decision (i.e., $1 - \alpha_2$). This value of probability is the optimum value and is attained only if the thresholds are the optimum ones given by

$$J + \frac{(\lambda - \lambda_1)t}{\log \lambda/\lambda_1} \quad \text{and} \quad K + \frac{(\lambda - \lambda_1)t}{\log \lambda/\lambda_1}.$$

The curve generated in this manner is an idealized curve in that for each value of $\lambda > \lambda_1$ it is assumed that the optimum threshold is being used. This, of course, is not the case since the thresholds are fixed linear time functions and are optimum for only a single value of λ_2 , say λ^* . For other values of $\lambda \neq \lambda^*$, the curve provides an upper bound on the true transfer function curve. This can be seen from the following argument. The slope

$$\frac{\lambda - \lambda_1}{\log \lambda/\lambda_1}$$

can be shown to increase monotonically with λ ; therefore, for a value of $\lambda > \lambda_2^*$ the optimal slope of the threshold would be greater than

$$\frac{\lambda^* - \lambda_1}{\log \lambda^*/\lambda_1},$$

and therefore the expected time to decision for this value of slope would be less than for the optimal slope for λ . As a result, the error α_2 would be larger than the optimal value and $1 - \alpha_2$ smaller than the optimal values. This optimal curve thus provides an upper bound on the true curve. On the other hand, this value of α_2 will be less than the value α_2^* , which corresponds to λ^* . This is apparent since processes with values of $\lambda > \lambda^*$ will tend to cross the upper threshold faster than the process defined by

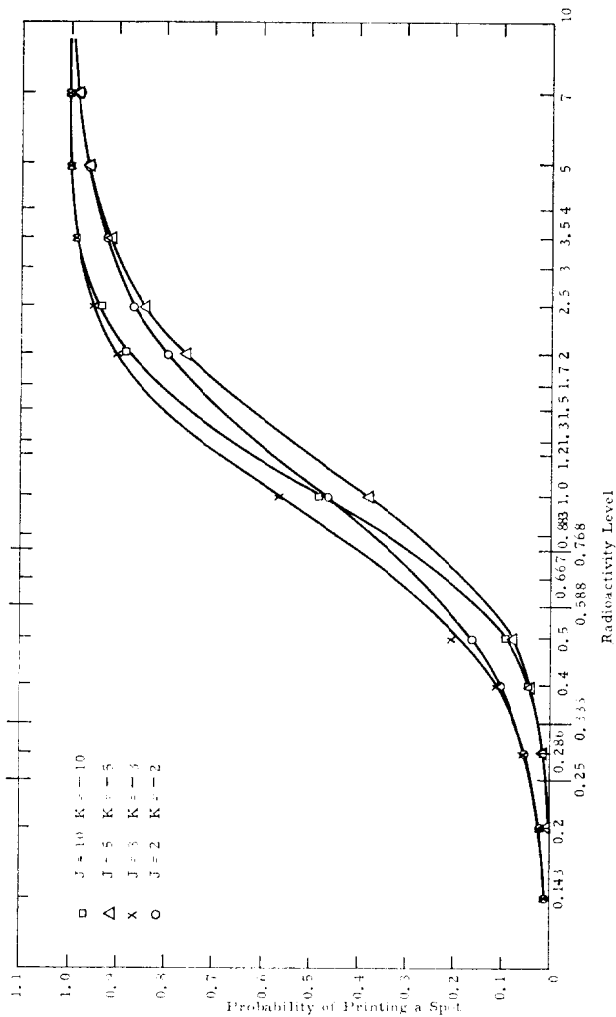


FIG. 17. Transfer function for binary threshold decision element (asymmetrical threshold).

λ^* . This optimal transfer function then provides both upper and lower bounds on the true transfer function.

For those values of λ such that $\lambda < 1$ a dual argument is used to generate that portion of the ideal transfer function. Similar upper and lower bounds on the time transfer function can also be generated in similar ways. A number of these curves have been plotted for various values of J and K in order to get an idea as to the dependence of the transfer function on these parameters.

6. COMPARISON OF BINARY FIXED-TIME AND THRESHOLD SCANNING

In Sections 4 and 5, the binary fixed-time and binary threshold (variable time) scanning procedures, respectively, were analyzed. A comparison of the performance of these two systems is now presented.

The significant measure of performance for these two systems is contained in the plot of the family of average scan times versus error probability with λ_2/λ_1 as a parameter (Figs. 12 and 15). It is seen immediately that, for a given λ_2/λ_1 and α , $\bar{A} \approx \bar{T}/2$, which indicates that at the same binary source intensities and at the same error probabilities, the threshold system will take approximately one half as long a scan time as the fixed-time system. Alternatively, we see that for a given average scan time and a given error probability, the required ratio λ_2/λ_1 is always larger for fixed-time sampling (the relative difference depends on the particular values used). Lastly, for a given average scan time and given λ_2/λ_1 , the threshold scanning is seen to be significantly superior to the fixed-time sampling in terms of probability of error (ratios as large as 10:1 are easily found).

The transfer functions for both systems are given in Figs. 13 and 16. The only pertinent statement here is that both systems provide enough degrees of freedom to allow a variety of transfer functions to be chosen. In the fixed-time case, the parameter is T , the transfer function becoming sharper as T increases. In the threshold scanning method, the parameters are J and K , where $J - K$ is merely the vertical height separating the two parallel linear thresholds; as $J - K$ increases, the transfer function becomes sharper. If the transfer function is chosen to be relatively flat, then boundaries separating high- and low-intensity regions will be wide and relatively indistinct. On the other hand, if the slope is steep, then the boundaries will be sharp, but the gray levels will be suppressed. An optimum choice here depends on the medical investigator's purposes.

7. EXPERIMENTAL PROGRAM

An experimental program to develop a sequential sampling computer and to evaluate it in conjunction with a gamma scanner has been undertaken. (This work was supported by the Division of Biology and Medicine, U.S. Atomic Energy Commission, under contract AT(04-3)-627.) The preliminary results have been reported elsewhere [9]. A final report, for publication, is in the process of preparation [10].

REFERENCES

- 1 W. H. Bland, *Nuclear medicine*, pp. 263–288. McGraw-Hill, New York, 1965.
- 2 W. Feller, *An introduction to probability and its applications*, Vol. I. Wiley, New York, 1957.
- 3 J. L. Doob, *Stochastic processes*. Wiley, New York, 1953.
- 4 E. C. Molina, *Poisson exponential binomial limit*. Van Nostrand, Princeton, New Jersey, 1942.
- 5 A. Wald, Sequential tests of statistical hypotheses, *Ann. Math. Stat.* **16**(1945), 117–186.
- 6 A. Wald, *Sequential analysis*. Wiley, New York, 1947.
- 7 A. Dvoretzky, J. Kiefer, and J. Wolfowitz, Sequential decision problems for processes with continuous time parameter testing hypotheses, *Ann. Math. Stat.* **24** (1953), 254–264.
- 8 J. Kiefer and J. Wolfowitz, Sequential tests of hypotheses about the mean occurrence time of a continuous parameter poisson process, *Naval Res. Logs Q.* **1957**, 205–219.
- 9 H. S. Katzenstein, *Application of sequential sampling analysis to radioisotope scanning*, Paper O-7 presented at meeting of Soc. Nuclear Med. (Seattle, Washington), June 20–23, 1967.
- 10 H. S. Katzenstein and P. Jensen, *Application of sequential sampling analysis to the improvement of medical scanning*; to be submitted to *J. Nuclear Med.*